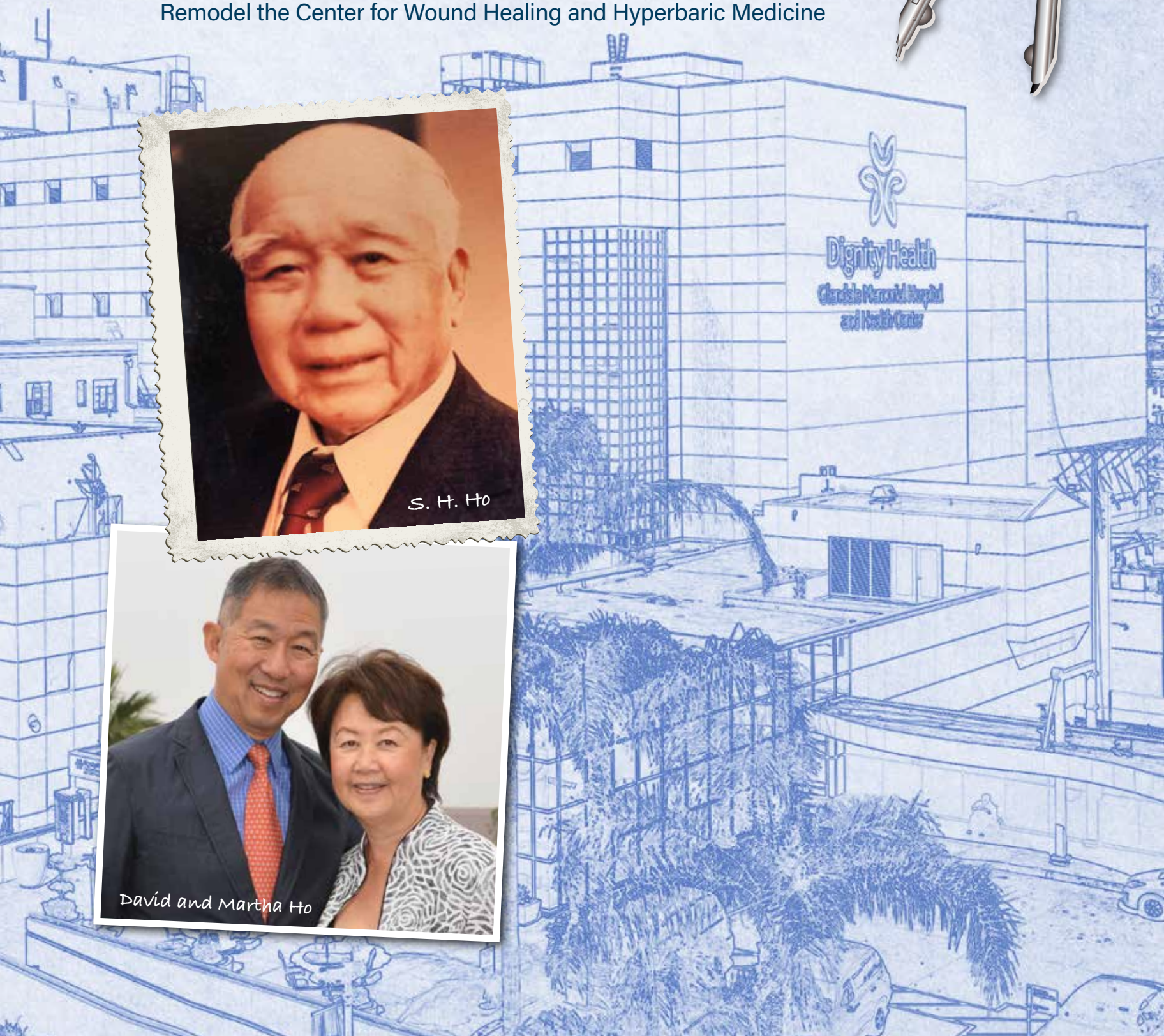
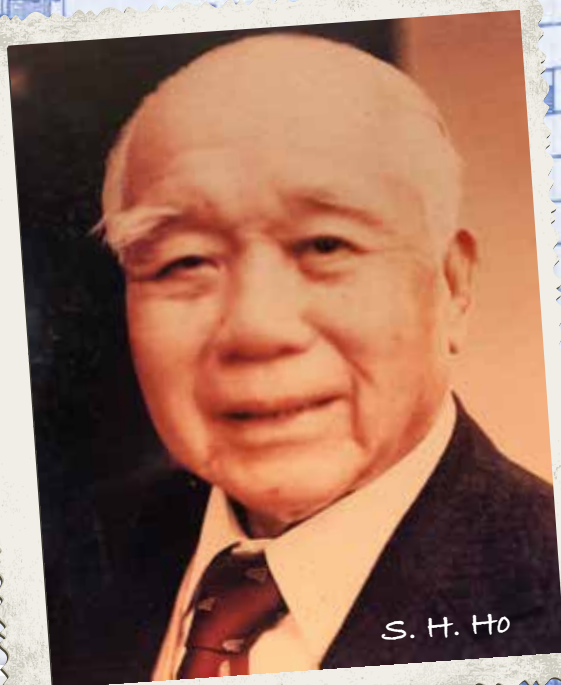


FOUNDATION MAGAZINE

 **Glendale Memorial Health Foundation.**
A Dignity Health Member

A Blueprint for Humankindness

The S. H. Ho Foundation's Transformational Gift is the Cornerstone of the *Humankindness in the Making* Initiative to Build a New GI Lab and Remodel the Center for Wound Healing and Hyperbaric Medicine





Photos top to bottom:

He may have cut an imposing figure in the business world, but S. H. Ho was a generous man who cared deeply about those who shared his humble beginning.

Three generations of philanthropists — S. H. Ho; his son, David T. C. Ho; and his grandson, David Ho, Jr. — on David Jr.'s wedding day.

David and Martha Ho at their Glendale BMW dealership. The Hos are deeply committed to supporting charitable work in Glendale and the surrounding communities.

A Blueprint for Humankindness

The S. H. Ho Foundation's generous gift to the foundation's *Humankindness in the Making* initiative helps make Glendale Memorial Hospital's new GI Lab and remodeled Center for Wound Healing and Hyperbaric Medicine a reality

Glendale Memorial Health Foundation recently received a significant \$2.5 million grant from the S. H. Ho Foundation. This donation — the largest philanthropic gift in the history of Glendale Memorial Health Foundation — is earmarked for the Foundation's *Humankindness in the Making* (HITM) initiative which will fund a new Gastroenterology (GI) Lab and expand the Center for Wound Healing and Hyperbaric Medicine.

The HITM initiative is a 3-year campaign started in 2016 with the goal of raising \$5 million for significant upgrades and expansion, including the relocation and of a new, state-of-the-art GI Lab and expansion of the hospital's award-winning Center for Wound Healing and Hyperbaric Medicine program. With the addition of the S. H. Ho grant, the foundation is significantly closer to its goal, with \$4.2 million raised for the project.

The new GI Lab will be relocated from the hospital's oldest wing to the patient tower and will feature an expanded footprint and the latest technology, as well as a comfortable and quality experience for patients. It will be the centerpiece for the hospital's distinguished GI program — recognized for clinical quality — including the Colorectal Surgery Institute. In addition, the expansion of the award-winning Center for Wound Healing and Hyperbaric Medicine will allow for increased patient capacity, a more spacious waiting area, and an additional hyperbaric chamber that will accommodate larger patients.

"This grant is truly transformational for the hospital and for our patients," said Wayne Herron, Vice President of Philanthropy. "We are deeply appreciative to the S. H. Ho Foundation for their generous gift supporting this project, which will improve the health of so many."

THE S. H. HO FOUNDATION

Formed in 1970, the S. H. Ho Foundation has provided grants to numerous educational, medical, and humanitarian organizations around the world. David Ho, Jr., owner of Glendale's Pacific BMW, was instrumental in facilitating the Glendale Memorial Hospital grant. David is the grandson of the S. H. Ho Foundation's namesake and founder, Ho Sin Hang, and is governor of the foundation.

Dr. S. H. Ho was a noted Hong Kong entrepreneur, philanthropist, and financier, having co-founded Hang Seng Bank in 1933 and created the Hang Seng Stock Index. Ho grew up in poverty and received only a few years of education before leaving school at the age of 14 to work. He found employment at a restaurant and later at a salt warehouse before becoming an apprentice in a goldsmith's shop. This job provided his entrée into the world of banking.

In a few short years, Ho was promoted to assistant manager of the goldsmith's shop and several years later left to co-found Hang Seng Ngan Ho, a small money-changing shop in Hong Kong. That business would later parlay into Hang Seng Bank — one of the largest banks in China today.

Ho founded several schools and a university. In 1970, he launched the S. H. Ho Foundation to support charitable causes in China and around the world, including regional construction, education, medical services, and scientific research. Ho died in 1997, at the age of 97, but his charitable work lives on through his foundation.

"My grandfather came from very humble beginnings," said David. "He never forgot what it was like to be poor and when he had the opportunity to give back he did. His legacy is in the schools he founded and the diverse endeavors his foundation continues to support."

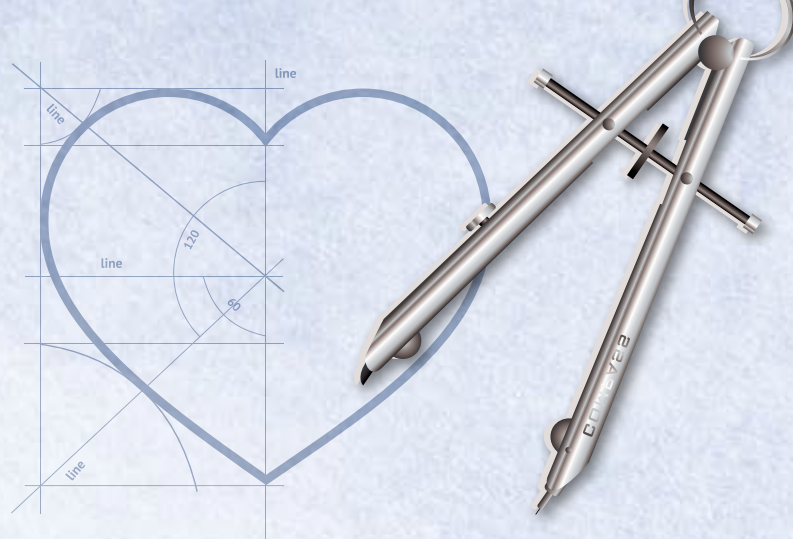
FROM HONG KONG TO GLENDALE

This legacy of giving was instilled in David through his grandfather and his parents. Today David and his wife, Martha, as well as David's dealership, Pacific BMW, are heavily involved with local charities such as Ascencia, an organization whose mission is to lift Glendale residents out of homelessness; FosterAll, which finds homes for abused and at-risk children through foster care programs in faith communities; and the Glendale Education Foundation. In addition, they have been long-time supporters of Glendale Memorial Hospital. In 2016, David accepted the hospital's Humankindness Award on behalf of Pacific BMW for their contributions to the Glendale community.

When the Glendale Memorial Health Foundation approached David about the possibility of a grant from the S. H. Ho Foundation, he didn't hesitate in presenting the proposal to the board. "It is important that we give back to the community that gives so much to us," said David. "Helping Glendale Memorial Hospital fund a project that will positively impact the health of so many just makes sense. It was a pleasure to be able to help."

In honor of the S. H. Ho Foundation's magnanimous gift, the hospital will rename Laurel Plaza, the main gateway to the hospital, to S. H. Ho Plaza.

"This gift will enable access to outstanding medical care for the entire community, including those with few resources," noted Wayne. "It truly reflects the principles and values that were intrinsic to Dr. S. H. Ho and his philanthropic mission. We are deeply indebted to David for his continued support of Glendale Memorial Hospital, his assistance in bringing this project to fruition, and for his commitment to creating a healthier community."



GASTROENTEROLOGY LAB

The centerpiece of the *Humankindness in the Making* campaign is the construction of a new Gastroenterology (GI) Lab, which is used to screen and treat disorders of the upper and lower digestive system. The GI Lab is an essential component of the hospital's GI program — a cooperative effort of the Glendale Memorial gastroenterologists and the surgeons of the prestigious Colorectal Surgery Institute (CSI).

Nearly 1,600 patients are seen in the hospital's GI Lab each year. Housed in the 1926 wing of the hospital — the facility's oldest structure — the location imposes physical limitations that cannot be overcome.

One of the primary functions of the GI Lab is to perform colonoscopies — the gold standard in the diagnosis of colorectal cancer and the only screening test that prevents colorectal cancer through the removal of precancerous polyps.

Colon cancer rates have been decreasing in recent years, most likely due to the increased number of colonoscopy screenings. As the stigma and embarrassment associated with colonoscopies have diminished, the demand for the procedure has increased.

The new GI Lab will move to a new location and will feature an expanded footprint to accommodate the increased number of patients, as well as the latest technology. The new facility will ensure a comfortable and quality experience for patients and will enable the hospital to increase its volume of patients by as much as 20 percent — critical to meet the growing needs of our patients.

The creation of a new GI Lab will position Glendale Memorial Hospital as a leader in the prevention and treatment of digestive disease and colorectal cancer and ensure our local residents have access to advanced care close to home.

CENTER FOR WOUND HEALING AND HYPERBARIC MEDICINE

A key component of the *Humankindness in the Making* campaign is the enlargement of Glendale Memorial Hospital's award-winning Center for Wound Healing and Hyperbaric Medicine. The center treats serious, complicated wounds from diabetic ulcers, burns, trauma, surgery, and other chronic, non-healing wounds. This surgeon-based program utilizes highly specialized therapies to accelerate the healing of these conditions — faster than those who receive traditional wound care. In fact, the program has received the Center of Distinction Award from Healogics, Inc., with a patient healing rate of 98% and a program completion average of three months.

Currently, the center houses two individual hyperbaric oxygen chambers, which enhance the body's natural healing process through inhalation of 100 percent oxygen. In the past three years, the center has seen 1152 new patients for 16,942 visits. The center operates five days a week, in 12-hour shifts, in an effort to accommodate the large volume of patients. With the expansion of the center, patients will enjoy a comfortable and spacious waiting room, as well as additional, modern exam rooms. A new bariatric hyperbaric oxygen chamber will join the two current units and will allow for an increase in patient capacity, as well as the ability to accommodate larger patients.

With the completion of the project, Glendale Memorial Hospital's Center for Wound Healing and Hyperbaric Medicine will be a flagship service line that not only provides the highest healing rates in the area, with an emphasis amputation prevention, but also employs the most current technology in wound healing today.

The Circle of Gratitude

Patients repay the kindness of their physicians and staff with kindness of their own

GRATEFUL PATIENT: STAN PAVEY, PHD



There was a time several years ago when Stan Pavey was a “frequent flyer” at Dignity Health - Glendale Memorial Hospital’s Emergency Department (ED). A

painful medical condition would send him there on a fairly regular basis. Through his visits, he experienced the compassionate care and humankindness of the department’s doctors, nurses, and other staff members. Stan returned the humankindness, making a generous charitable gift to remodel the ED’s staff lounge, which was officially dedicated on April 29, 2018.

Stan chose Glendale Memorial Hospital to receive his care not just because of the proximity to his home, but also because he was confident of the quality of care he would receive. “I used to think that west-side hospitals delivered superior medical care, but that isn’t the case,” he said. “I have always felt very comfortable at Glendale Memorial Hospital. I feel like they are on top of it and I value the treatment I’ve received.”

Edgar Mehdikhani, MD, Stan’s physician and a Glendale Memorial Health Foundation board member, partnered with the foundation on their recently launched Grateful Patient and Family Initiative program and recommended Stan as a potential grateful patient.

Stan’s interest was piqued when he learned he could make a donation to directly benefit the ED, where he received the majority of his care. Stan was given a tour of the ED, where he immediately noticed the dismal condition of the staff lounge. “It was obvious that the staff lounge was in need of a makeover,” noted Stan. “It was shabby, dark, and worn. It was sad to think this is where they had to go.”

The ED staff works in an extremely stressful and fast-paced environment seeing

more than 35,000 patients annually. They not only deal with a high volume of patients but also situations which can take a toll on their psyche. Their staff lounge is not only a place to eat lunch or store their belongings but also a place to de-stress and regroup from the events they encounter on a daily basis. Years of heavy use had taken its toll on the room.

Following an extensive renovation, the room was transformed into an inviting, comfortable, and functional space with new cabinets, floors, furniture, and other amenities. A large flat screen TV adorns a wall and there is now a computer station where the staff can receive training and education away from the patient care area. The lockers were replaced and reconfigured so that every staff member now has access to one. The difference has been overwhelming to the staff.

“The ED staff takes great pride in their new staff lounge and works hard to keep it in good condition,” said Jason Carney, RN, Director of Nursing Operations. “The five minutes of respite we take in this staff lounge is what gets us through a 12-hour shift. On behalf of the Glendale Memorial Hospital Emergency Department, I want to let Stan know the team really appreciates this — from the bottom of the hearts of all 60 staff members and 17 physicians.”

The dedication featured the ED staff, Dr. Mehdikhani, and other hospital personnel, who were on hand to let Stan know just how much his contribution was appreciated. “The room is gorgeous and they did a fantastic job,” remarked Stan. “It was far beyond my expectations. I was very pleased.”



Through Stan Pavey’s relationship with his physician, Dr. Edgar Mehdikhani, the hospital’s Emergency Department staff lounge received a much needed and very appreciated renovation.

GRATEFUL PATIENT: JON MALACHOWSKI, MD



On November 28, 2017, Jon Malachowski, MD, knew something was terribly wrong. As a family physician for the past 31 years, he had a good idea his symptoms pointed towards a heart attack. His wife, Eva, drove him to Dignity Health – Glendale Memorial Hospital and Health Center, a decision he made in part because he remembered hearing good things about their heart program.

Dr. Malachowski's instincts were right on the money. Upon arriving in the hospital's Emergency Department (ED), an EKG confirmed he was in the midst of a full-blown inferior myocardial infarction. Interventional cardiologist Lawrence O'Connor, MD, took him to the cath lab where he removed a blockage in Dr. Malachowski's right coronary artery.

"I felt lucky to be alive," Dr. Malachowski recalled. "As a physician, I have seen many patients in the same situation, but I never imagined it would happen to me."

The cath lab wasn't the end of the story. It was just the beginning. Dr. Malachowski was informed that he would need a coronary artery bypass graft surgery. Following the surgery, he had a pacemaker implanted, due to the damage caused by the heart attack. After having the pacemaker implanted, he received cardioversion to correct atrial fibrillation. His left leg went numb and a CT scan showed evidence of a stroke.

The accrued aftermath of each setback took a devastating toll on Dr. Malachowski's body and his mind. He was in pain, had paralysis on the left side of his body, and was experiencing opioid-induced confusion which left him agitated.

Dr. Malachowski was transferred to the rehabilitation unit on December 9th. A black diamond skier and avid sportsman, he had to undergo the arduous process of learning to walk again and to perform the daily tasks he once took for granted. His goal was to be strong enough to climb the 32 steps up to his Glassell Park home.

By mid-December, Dr. Malachowski climbed up all 32 steps — home to his wife and

menagerie of cats and dogs — just in time for Christmas. Six months later, he is still recovering from remnants of the stroke. Skiing, tennis, mountain biking, and other strenuous endeavors are on hold for now, as is his medical career. Instead, he has rediscovered his love for reading, music, photography, and walking the dogs.

Since his near-death experience, life has changed in other ways, as well. No longer does he worry about things like material possessions, world problems, or even death. Now, Dr. Malachowski finds himself filled with joy and anticipation each and every day. He hopes to continue learning, traveling, being a healer, and a teacher.

When he looks back over his experience at Glendale Memorial Hospital, Dr. Malachowski is struck by the seamless care he received throughout the course of his stay, even though his case was quite complicated and required numerous specialists. He is also struck by the kindness and compassion of the staff during his three-week stay, even when he was at his most difficult.

Harout Balian, MD, Director of Glendale Memorial Hospital's Rehabilitation program, worked closely with Dr. Malachowski during his stay in the unit. Dr. Balian, who knew how enormously grateful Dr. Malachowski was for the care he received, directed him to the foundation. Dr. Malachowski not only made a donation to the hospital but also vowed to work tirelessly to share his story and raise funds on behalf of the hospital.

For Dr. Malachowski, this isn't a story about the particulars of his medical crisis. This is a story about his transformation as a person and his gratitude as a patient. "A fantastic team of physicians and a wonderful facility and staff saved my life," said Dr. Malachowski. "I owe Glendale Memorial Hospital so much gratitude it cannot be expressed. I have been reborn. I am blessed to be alive and recovering. I think I have an interesting future ahead of me."

GRATEFUL PATIENT AND FAMILY INITIATIVE

Glendale Memorial Health Foundation has initiated a program to help physicians identify patients who show an interest in expressing their gratitude for their extraordinary care. This not only gives patients a tangible way to show their appreciation for their caregivers but completes the circle of healing, while benefiting the care of future hospital patients.

A patient's gratitude is the result of the extraordinary care they receive — the positive experiences with their physicians and other caregivers.

People who feel gratitude often have the need to reciprocate. Scientific studies show that expressions of gratitude create happiness which leads to healthier and healing behaviors.

For further information, please contact Kathleen Patrick at 818.409-7620 or kathleen.patrick@dignityhealth.org.



Dr. Harout Balian introduced grateful patient Dr. Jon Malachowski to the foundation, which gave Dr. Malachowski the opportunity to actively promote the work of the hospital.

\$1,277,916 Raised



IN FY 2018 THE FOUNDATION FUNDED 42 PROJECTS

THE IMPORTANCE OF GIVING

The mission of Glendale Memorial Health Foundation is to raise, manage, and distribute funds in support of the mission and values of Dignity Health – Glendale Memorial Hospital and Health Center in serving the community.

The financial challenges presented by caring for an underserved population make the success of the Glendale Memorial Health Foundation vital to the hospital's everyday function and betterment. Although Dignity Health, the parent organization of Glendale Memorial Hospital, makes funds available to the hospital to support special repairs and refurbishment, such funding is limited.

The remainder of funds necessary to provide for new medical equipment, upgrades, and program expansion for underserved patients, are raised by Glendale Memorial Health Foundation. This is why your support is so critical; to ensure our community continues to have access to the highest level of healthcare.

Please consider supporting our hospital and its important mission. For more information on how you can help, call the foundation at **818.502.2375** or email **friendofgmhf@dignityhealth.org**.

From critical technology to facilities enhancements, the Glendale Memorial Health Foundation raises vital funds in support of the hospital's mission.

These projects include:

Projects	Cost
2 Olympus EGD (Upper GI) Scopes (for GI Lab)	\$36,000
5 Stryker Gurneys (for Peri-Operative Services)	\$35,000
Audiometrics for newborns (hearing test unit for newborns)	\$31,000
CCTV System Upgrade (for Security)	\$70,000
Medivator (scopes cleaning unit)	\$40,000
Every Woman Counts (breast & cervical cancer screening)	\$5,000
HRA Proctostation (anoscopy camera for Surgery)	\$22,567
Mini Stryker Power Drill System (for podiatry service and small joint [ortho] service)	\$32,000
Pharmacy Education Scholarship (for staff to attend/participate in California Society of Health-System Pharmacist Seminar and Antimicrobial Stewardship Certification)	\$14,726
Surgical Lighting in Operating Rooms 1 and 7	\$75,000
Zoll Monitor Project (to fund hospital's contribution)	\$60,000



PHILANTHROPY IN ACTION

Glendale Memorial Health Foundation works with local hospital foundations to fund lifesaving emergency equipment for city's first responders

Glendale Memorial Health Foundation primarily provides funds directly related to Dignity Health – Glendale Memorial Hospital and Health Center. However, when the opportunity arises to help improve the health and well-being of the entire community, the foundation is ready to assist.

The Glendale Fire Department had an immediate need to obtain 16 Zoll Automated External Defibrillators in their front-line fire engines, as their current monitors were more than seven years old and did not meet mandates required by the Los Angeles County Department of Health Services. Additionally, internal policy and the policies of the Los Angeles County Department of Health Services quality improvement programs are specific to the application of the Zoll Defibrillator and cannot be substituted.

This equipment is utilized by emergency personnel while transporting critically ill patients to the hospital. The monitor transmits 12-lead EKGs and other vital patient information to the area's STEMI (heart attack) Receiving Centers, which have advanced capabilities to treat patients experiencing a severe heart attack. Glendale Memorial Hospital is one of two STEMI Receiving Center hospitals in the city of Glendale. When the fire department identifies a patient having a heart attack, the Zoll defibrillator will transmit the information directly to the hospital.

The devices are quite expensive, costing \$43,255 each. Recognizing the importance of outfitting the city's emergency vehicles with

Zoll monitors, Glendale Memorial Hospital, Glendale Adventist Medical Center, and USC Verdugo Hills Hospital initiated a collaborative effort with the Glendale Fire Foundation to donate \$163,196 to purchase the needed defibrillators.

The Zoll X Series defibrillator is also the only defibrillator that allows fire personnel to initiate CPR on a pulseless and non-breathing patient with the ability to still monitor the underlying heart rhythm. This allows fire personnel to provide advanced life support and medications.

This state-of-the-art monitor is equipped with WiFi, faster at measuring vital signs and better at measuring carbon dioxide levels. The monitor has the capacity to capture and analyze CPR quality, an important and integral component to improving outcomes from sudden cardiac arrest. High-quality CPR is crucial to patient survival from sudden cardiac arrest.

Thirteen of the 16 Zoll monitors have been purchased, and are now deployed in the city's emergency vehicles.

"The new Zoll monitors will help provide the best possible outcomes for our patients in full cardiac arrest," according to Gregory Fish, Glendale Fire Chief. "We are deeply indebted to these three hospitals and the Glendale Fire Foundation for their collaborative effort and contributions to ensure our community receives the most advanced and efficacious care available."



The Zoll X Series Automated External defibrillator packs a lot of lifesaving technology into an extremely compact size. Weighing less than 12 pounds, the device is used by first responders during patient transport, offering advanced monitoring capabilities and the ability to be utilized on patients of all ages — from neonates to seniors.



CEO Mike Wasserman, MD, CMD, Brings the Clinician Perspective to Nursing Home Leadership



Left photo: Rockport Healthcare Services CEO Mike Wasserman, MD, CMD, works with volunteers from the company's award-winning A Heart to Serve and Community Meals programs to serve meals for people across California who need help getting enough food for themselves and their families. Program volunteers partner with homeless shelters, after-school programs, and rescue missions. The volunteers are all nursing home residents who prepare and serve the meals themselves, because they have a heart to serve their neighbors in need.

Right photo: CEO Mike Wasserman, MD, CMD, visits with resident Sara Posada at a nursing home served by Rockport Healthcare Services.

*Article by Amber Hurwitz
Photos by Rich Cleaves*



Rockport Healthcare Services: Taking a New Approach to Long-Term Care

“Most caregivers working in nursing homes see what they do as a calling. They care deeply for the people they serve, and this fact is often intuitively recognized by the residents. I’m frequently reminded by staff members that going to work at a nursing home is like spending a day with their grandparents,” says Mike Wasserman, MD, CMD.

Wasserman, a nationally recognized geriatrician, is also CEO of Rockport Healthcare Services, the largest provider of clinical support and professional administrative services to long-term care homes in California. The company is a pioneer in the field of long-term care as it is leading the charge in providing high-quality, person-centered care to older adults by doing something unusual among healthcare businesses — Rockport Healthcare Services integrates experienced clinicians with specialized expertise in geriatrics into its highest executive ranks.

Geriatricians are doctors who specialize in the health of older adults, and Wasserman is, in fact, the only geriatrician who is CEO of a long-term care company in the United States. A Los Angeles native, Wasserman returned to UCLA to complete his internal medicine residency (Cedars-Sinai Medical Center) and fellowship in geriatrics, after graduating from the University of Texas Medical Branch in Galveston, TX.

Today, Wasserman is a nationally recognized expert in purposeful living among older adults. He has specifically devoted his career to geriatrics, with almost 30 years of experience in the field.

Rockport Healthcare Services is committed to providing person-centered care, an approach that is in keeping with Wasserman’s

vision for long-term care, in which residents actively participate in all aspects of their own healing and treatment. Having a geriatrician as CEO ensures that person-centered care is the focus at Rockport Healthcare Services and the care communities it serves.

Perhaps surprisingly, it is uncommon to find clinicians, especially those with expertise in geriatrics, as business leaders in long-term care. Rockport Healthcare Services is changing that paradigm and paving the way to better person-centered care by embracing executive leaders who have the firsthand perspective and experience of being direct caregivers.

Wasserman explains, “Typically, the person at the helm of a nursing home chain has an administrative background, a finance background, or a marketing background — but not a clinical background. In my opinion, if you do not have the ability to consider the clinical perspective as CEO, I don’t know how you get to true health and well-being for residents.”

The knowledge that the CEO of Rockport Healthcare Services is a geriatrician with unparalleled expertise in the field of caring for older adults holds a lot of weight with residents and staff alike.

Wasserman explains, “When folks realize that you’re a geriatrician, and that you’ve dedicated your life to older adults, it means something. As a doctor, I took the Hippocratic Oath, and I have a moral and ethical obligation to our residents. I think that comes across.”

To reach Rockport Healthcare Services and CEO Mike Wasserman, MD, CMD, please call **323-330-6500**. They’re online at **www.rockporthealthcareservices.com**, on Facebook, and on Instagram and Twitter at **@RockportHealth**.

MICHELLE GALANTI

A Guardian Angel in Our Midst



Dignity Health – Glendale Memorial Hospital and Health Center is proud of our many team members who are dedicated to providing compassionate care to our patients, who know humankindness is the best medicine, and who practice it on a daily basis. These people are our guardian angels. Michelle Galanti, Director of Cardiology and Transportation, is one of our guardian angels. In fact, Michelle has received a Guardian Angel designation 10 times since the inception of the Guardian Angel grateful patient program a little more than one year ago.

Michelle has a nearly life-long connection to the hospital. Her late father, cardiologist Richard Alan, MD, was on the hospital's medical staff for 24 years. She first started working for Glendale Memorial 38 years ago as an EKG technician. Michelle is most well known for her work with the hospital's Cardiac Fitness Center (CFC), which began in 1993.

Although her role has changed, and she no longer is a frontline staff member — Michelle oversees the CFC, EKG, Echocardiogram, and inpatient transportation departments — she remains committed to the patient experience and interacts with patients in the CFC and those undergoing cardiac procedures on a regular basis. “I try to let our patients know how important they are to us and to look for ways to make them smile and if possible, to laugh, in order to ease their stress,” said Michelle. “I want to empower patients to understand their risk factors and take control of their lifestyle.”

She also gets to meet patients every morning, during Patient Experience Leadership Rounding. This gives her the opportunity to ensure that they are receiving excellent care. She works with the unit staff to help resolve any issues the patient may be experiencing.

Michelle's patient care philosophy is simple: provide the best care and services possible to people when they are most vulnerable. “It is always important to remember that every patient is a very important person to their loved ones and they deserve the best care we can give,” she said. “It is truly gratifying to have the opportunity to calm the fears of the patients and families by providing education about their illness and the procedures available to treat them.”

She recalls being very honored and surprised when she received her first Guardian Angel recognition. According to Michelle, “It is very humbling when you are told that you helped someone feel better and made a difference in someone else's life.”

“As a hospital volunteer, I have been exercising at the Cardiac Fitness Center for many years. It has always been a community space where I can not only exercise but also learn about the importance of cardiovascular fitness in my life. When exercise becomes difficult and dull, I am inspired by the team of dedicated Glendale Memorial specialists who to help me reach my fitness goals.

One person on that team to whom I am the most grateful in my many visits to the Fitness Center is Michelle Galanti, Director of Cardiology. Michelle embodies the spirit of humankindness. She is not only knowledgeable but radiates compassion to everyone she meets. Michelle Galanti is truly one of Glendale Memorial's Guardian Angels.”

-Excerpt from a nomination from a Cardiac Fitness patient

Who is your Guardian Angel?

A hospital visit can be an overwhelming experience. It is times like these that a compassionate gesture or an act of kindness from one person can make all the difference. These people are our guardian angels.

The Guardian Angels program was created to give patients the opportunity to say thank you by making a donation to the hospital in honor of their guardian angel. In turn, each guardian angel receives special recognition for the exceptional care they provide.

The total amount of money raised by the Guardian Angel program in Fiscal Year 2018 was more than \$6,000.

The total number of Guardian Angel recognitions in this period was 112 — with 66 unique recognitions. Glendale Memorial Hospital is extremely proud of our guardian angels and the high level of care they provide to our patients.

You have the opportunity to say thank you by making a donation to the hospital in honor of your guardian angel. Your tax-deductible gift will ensure the hospital continues to fulfill its mission of serving our community. If you have a guardian angel you would like to thank, please call **818.502.2375** or visit us online at **www.supportglendalememorial.org**.

THANK YOU!

We gratefully acknowledge the kindness of our donors whose gifts were received between July 1, 2017 and June 30, 2018.

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news

latest updates from Glendale Memorial Health Foundation

Foundation Board Members Find Inspiration at Annual Retreat



The Glendale Memorial Health Foundation board members and staff were energized and re-engaged by their annual board retreat on June 1, 2018, at Oakmont Country Club. Through the retreat, participants took part in team-building exercises and strategic planning. The retreat's facilitator was Tom Iselin, a well-respected speaker, author, and non-profit consultant, who inspired the board members to become fearless fundraisers.

Photos, clockwise from top left: Markus Mettler, president/CEO Healthcare Management Services, and Sevag Balikian, MD.

Steve Hunt; Wayne Herron, Vice President of Philanthropy; Jarrett Anderson; Tom Iselin, retreat facilitator; and Santo Polito, MD.

Foundation staff members, consultants, and board members gather with Tom Iselin.

(Back) Kathleen Patrick, Principal Philanthropy Officer, and David Rogers, MD. (Front) Wayne Herron and Tom Iselin.



Helping Hands update

Employee Giving Campaign Raises Nearly \$100,000!

Glendale Memorial Health Foundation's Helping Hands Employee Giving campaign raised \$98,672 from 243 employees in Fiscal Year 2018. Helping Hands is an employee-focused fundraising effort by the foundation in support of Dignity Health – Glendale Memorial Hospital and Health Center.

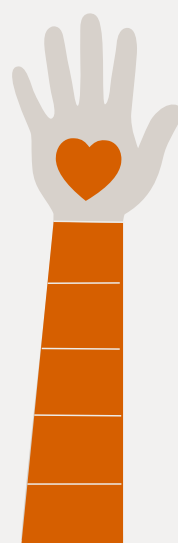
Employees can donate a variety of ways, such as payroll deduction or donation of PTO hours. This year, funds have benefited various programs and projects throughout the hospital, from *Humankindness in the Making* to the latest medical technology to the employee assistance fund, and scholarships and educational programs.

The employee giving program started in 2013 with 19 employees giving \$10,827. Participants and contributions have significantly increased over the past six years.

The willingness to participate in this fundraising effort demonstrates that those closest to the hospital — its own employees — are deeply invested in fulfilling the hospital's mission. Thank you to our Glendale Memorial Hospital employees for your humankindness!

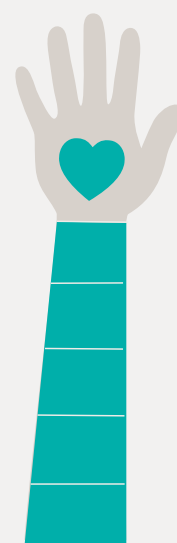
**TOTAL AMOUNT
RAISED**

\$98,672



**TOTAL EMPLOYEES
PARTICIPATING**

243



news

latest updates from Dignity Health – Glendale Memorial Hospital

State of the Hospital 2018

On February 22, 2018, Glendale Memorial's inaugural "State of the Hospital" address was given by Julie Sprengel, Senior Vice President of Operations for Dignity Health Southern California and Interim President of Glendale Memorial Hospital. The event took place in the newly renovated John Stauffer Auditorium.

Julie praised the turnaround of the hospital over the last year with both financial and medical metrics showing significant improvement. She also highlighted the new management team that has been at the forefront of the hospital's transformation over the past year.

Wayne Herron, Vice President of Philanthropy, took the occasion to announce the \$2.5 million gift from the S. H. Ho Foundation.



Clockwise from left: Julie Sprengel and Wayne Herron announce the historic S. H. Ho Foundation grant; John Stauffer Auditorium was packed for the first annual State of the Hospital address; Julie Sprengel accepts a proclamation from the office of State Assemblymember Laura Friedman.

Hospital Celebrates New President and CEO and Gives Thanks to Outgoing Interim President

Dignity Health – Glendale Memorial Hospital and Health Center gathered on the hospital's rooftop for a reception to welcome the hospital's new president and CEO, Jill Welton, and to also thank Julie Sprengel, who served as the hospital's interim president for the past year.

Jill comes to Glendale Memorial Hospital from Dignity Health — St. Francis Memorial Hospital in San Francisco, where she served as Vice President and Chief Operating Officer/Chief Nursing Officer for the past

four years. Glendale Memorial Hospital is excited to welcome Jill, who brings with her a wealth of experience and demonstrated success in hospital operations.

Julie Sprengel, Dignity Health Senior Vice President of Operations, Southern California, stepped in as interim president during the hospital's search, providing the impetus for the Glendale Memorial Hospital's amazing transformation. The hospital is immensely grateful for her invaluable leadership during this time.

Photos below, clockwise from left:

Julie Sprengel, outgoing interim president and CEO welcomes Jill Welton.

Jill Welton is presented a welcome card from Ron Yolo, RN, MSN, hospital VP and Chief Nursing Officer.

Lawrence O'Connor, MD, and Kathleen Patrick, Principal Philanthropy Officer, looking cool on a warm afternoon.

Jacob Lee, Community Board Chair, gives the toast.

Jason Carney, RN, director of Nursing Operations, with nursing staff.

Julie Sprengel raises her glass for the toast.





Celebrating a Legacy of Giving

Glendale Memorial Health Foundation held its fifth annual *The Louise Lewis Legacy Society* Celebration on Thursday, June 9, 2018, at the home of foundation Board Advisor Kathy Rose. The Society recognizes and honors those special friends of Glendale Memorial Health Foundation who have made a provision to include the foundation in their estate plans.

The Society was named in honor of Louise Lewis, a hospital volunteer and former board member and foundation board chair, who devoted 48 years of her life to the hospital and the community. Upon her passing, Louise continued her legacy of dedication to the hospital's mission by naming the hospital as a beneficiary of her estate. Founded in 2014 with just five members who collectively committed \$960,000 to Glendale Memorial Hospital, the Society has grown to 33 members who have committed \$6.7 million from their estates.

"I could not be more pleased by the growth of this program," said Tim Lewis, foundation board member and Louise's husband of 50 years. "I often say that the power of this program is that it supports patients at the hospital who Society members may never know and who will never know them. This is the true and dramatic beauty of philanthropy and planned giving: impacting generations of individuals to come with quality healthcare that they truly deserve."

A successful planned giving program is a critical element of the future financial viability of Glendale Memorial Hospital. The greater the success of *The Louise Lewis Legacy Society*, the more the hospital's future ability to serve the community is protected and assured. If you are interested in a no-obligation consultation on planned giving or would like more information about *The Louise Lewis Legacy Society*, please call Glendale Memorial Health Foundation at **818.502.2375**.

1. Louise Lewis, the Society's namesake.
2. Foundation board member Steeve Henry and wife Francis, with Elizabeth Lewis, wife of Tim Lewis.
3. Tim Lewis, far left, and Wayne Herron, Vice President of Philanthropy, far right, welcome the newest Society members: Bruce Hinckley and Debbie Hinckley, Elaine Sumner, and Kathy Rose.
4. Kathy Rose, foundation board advisor and host of the event, receives her Society certificate from Tim Lewis and Wayne Herron.
5. New Society member Elaine Sumner, with daughter and The Louise Lewis Legacy Society member Nancy Sumner, RN.
6. Society member Annelies Kischkel with Kathleen Patrick, Principal Philanthropy Officer.

Glendale Memorial Hospital Named 2018-2019 Best Regional Hospital by U.S. News and World Report



U.S. News and World Report, the global authority in hospital rankings, has recognized Glendale Memorial Hospital on its 2018-19 Best Hospitals list! The hospital was named a "Best Regional Hospital" for earning three high performing ratings in Congestive Heart Failure,



Colon Cancer Surgery and Chronic Obstructive Pulmonary Disease. The 29th annual rankings are designed to assist patients and their doctors in making informed decisions about where to receive care.

U.S. News determines the Best Regional Hospitals in 200 metro areas and regions across the U.S., ranking them based on their performance in delivering complex and common care. It created the Best Regional Hospitals survey in 2011 to provide consumers with a way to assess the overall care at hospitals in their areas.

A Best Regional Hospital is a hospital that offers a full range of services (as opposed to a specialty hospital) and that either was

nationally ranked in one of the 12 data-driven Best Hospitals specialties or had three or more ratings of high performing in a specialty or in the nine Best Hospitals procedures and conditions. Glendale Memorial Hospital was ranked number 43 in California, placing the hospital in the top 10% of hospitals in the state.

Congratulations to our outstanding staff and physicians who made this honor possible. We are proud of our team and their dedication to excellence in patient care.



Thank You to Our Sponsors and Attendees!

Thanks to your generous participation in our event, we are pleased to announce that the 2018 Evening of Wine and Roses raised \$360,000 for the the *Humankindness in the Making* initiative to remodel the hospital's GI Lab and Center for Wound Care and Hyperbaric Medicine. We couldn't have done it without you!



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