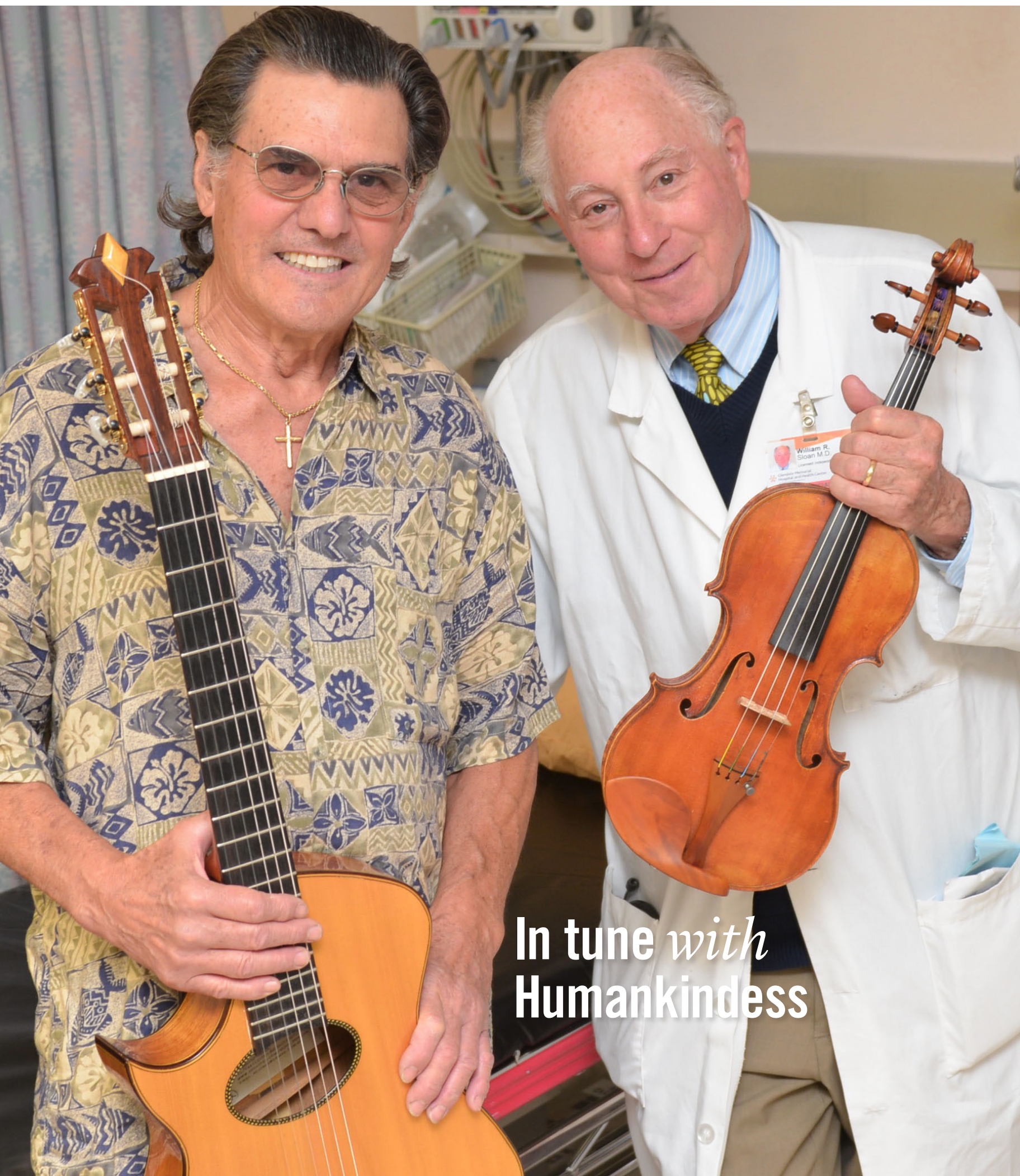


THE FOUNDATION

 **Glendale Memorial Health Foundation.**
A Dignity Health Member



In tune with
Humankindness



The connection between music and medicine is as old as time. In Greek mythology, Apollo was the god of music and healing. The Greek philosophers Plato, Aristotle, and Pythagoras all recognized the healing power of music, as did Democritus, who believed that diseases could be cured by the sound of a flute. Hippocrates, known as the father of modern medicine, administered musical treatments to his patients in 400 B.C. This connection is not lost on Dr. William Sloan, who wielded his violin and bow before the scalpel, in a preoperative duet with his patient.

Waiting for surgery in the pre-op area of the hospital can be an unnerving experience for patients, no matter how minor the procedure. The clinical setting, brightly lit and filled with medical equipment, is worlds away from a stage.

Yet, on an early morning in January 2016, the Dignity Health - Glendale Memorial pre-op area was magically transformed by a surprise duet between a surgeon and his patient, much to the delight of everyone in the room.

The patient was Sergio Vigilato, a Brazilian born musician whose eclectic past also includes a stint as an Alaskan charter boat captain and taxidermist-to-the-stars — he famously preserved Lady Gaga’s meat dress for the Rock and Roll Hall of Fame.

Sergio first picked up a guitar at the age of five, in his native Brazil. He set out for America as a young man, guitar in hand, and has played professionally his entire life.

His first encounter with William Sloan, MD, the doctor who would be performing his surgery, was a memorable one. “As he examined me,” Sergio recalled, “he looked up at me

and said, ‘Don’t worry, Sergio. I want you to know your body is like a fine instrument and I will tune it.’”

Dr. Sloan knows all about fine instruments. The Glendale Memorial Hospital urologist is also a talented violinist, who took up the instrument when he was in grade school. He knew his destiny was to be a doctor — just like his father — but music would play a central role throughout his life.

It was the perfect anecdote to the rigors of medical school and it was through music that Dr. Sloan met his wife, a

then-pianist and singer. Music would also be a bond shared with their two daughters, who are also musical.

Dr. Sloan played violin with the Orange County Symphony until 2008, when he moved to Los Angeles. He continues to play in a string quartet and has attended an annual violin makers workshop at Oberlin College for the past several years.

For Dr. Sloan, medicine is as much an art as it is a science. His philosophy is to take the time to make a personal connection with each of his patients.

It was during that first office visit they discovered they were both musicians. “I told Sergio to bring his guitar to surgery,” he recalled, “and that if he didn’t, I would cancel the surgery.”

Sergio showed up for his surgery that morning, guitar in tow. Dr. Sloan took a seat next to Sergio’s gurney and the two began to play The Tennessee Waltz. The performance ended with a round of enthusiastic applause from the staff.

Brian Gold, RN, director of Surgical Services captured the video of this special moment on his smartphone. “In all my years in surgery, I have never seen anything remotely close to this,” he noted. “Dr. Sloan knew what music meant to his patient and what his patient needed emotionally. It took my breath away.”

The video has struck a similar chord with people all across the globe. After being uploaded to social media, it went viral and has been covered by media outlets world-wide. The video has garnered nearly one million views and has been shared on Facebook countless times.

The experience was a first for Dr. Sloan, who has played in living rooms and on stages, but never in a pre-op suite. Likewise for Sergio, who has never even been hospitalized before.

The duet transformed the men, who were no longer patient and doctor, but now friends and fellow musicians. “It makes life interesting to do something special,” Dr. Sloan remarked.

Sergio is deeply touched by the humanity and kindness displayed by his doctor and his friend. “Dr. Sloan is one of a kind,” he said. “Do you forget? Never.”



Music as Medicine

The **Rx** for humankindness



**\$1.2
Million
Raised**

Foundation Campaign Update

“ I am deeply grateful for the friends and partners of the foundation who helped us to successfully complete the 18-month, \$1.2M Surgical Equipment Initiative last December. This important effort focused on funding the latest surgical technology so that Glendale Memorial Hospital may continue to provide the very best care for our patients. It is a joy to be part of a foundation team that is making such a positive impact on the hospital. ”

Wayne Herron
Vice President
Philanthropy

Foundation reaches fundraising goal to upgrade surgical technology

The Glendale Memorial Health Foundation recently completed an 18-month-long campaign to raise funds to upgrade Dignity Health — Glendale Memorial Hospital's surgical technology. The campaign reached its goal of \$1.2 million to enhance the hospital's surgical services.

The campaign was especially important because surgery is driven by technology and technology has a limited shelf-life. In addition, advancements in surgical procedures, especially minimally invasive surgeries, require the use of new and improved technology.

Thanks to the generosity of foundation supporters, the addition of this new technology ensures Glendale Memorial

Hospital patients have access to the most efficacious and appropriate care and provides our surgeons with the tools they need to meet an array of complex surgical needs.

The equipment purchased through this campaign includes a heart-lung bypass machine, anesthesia equipment, video towers, endoscopy equipment, surgical lighting, and a portable imaging system.

Funding for this project came from a variety of sources, including the hospital's Evening of Wine and Roses gala, community and corporate donors, grant proposals, and contributions to the Glendale Memorial Hospital employee Helping Hand fund.

Surgical Services by the numbers

Dignity Health – Glendale Memorial Hospital and Health Center responds to the diverse surgical needs of our community twenty-four hours a day, seven days a week. The hospital's Surgical Services department offers state-of-the-art technology — from outpatient procedures to complex surgeries. Our exceptional surgeons perform advanced procedures, while our dedicated patient care team provides the highest level of care, delivered in a comfortable and safe and environment.

400
surgeries monthly



80%
of surgeries performed
are outpatient procedures



100+
surgeons on staff

Our surgical specialties include:
Cardiovascular surgery
Ear, Nose and Throat (ENT) surgery
General surgery
Gynecological surgery
Neurosurgery
Orthopedic surgery
Ophthalmic surgery
Reconstructive surgery
Spine surgery
Urological surgery
Vascular surgery
Colorectal surgery

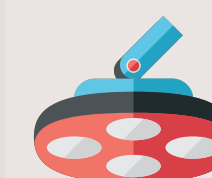
200
heart surgeries are
performed monthly



50+
staff members



8
dedicated
OR suites



Top 10%
hospital for
patient safety

Dignity Health – Glendale Memorial Hospital and Health Center received the Healthgrades 2016 Patient Safety Excellence Award™, a designation that recognizes superior performance in hospitals that have prevented the occurrence of serious, potentially avoidable complications for patients during hospital stays. For the third year in a row, the distinction places Glendale Memorial Hospital among the top 10% of hospitals in the nation for its excellent performance as evaluated by Healthgrades.

During the study period (2012-2014), Healthgrades 2016 Patient Safety Excellence Award recipient hospitals performed with excellence in providing safety for patients in the Medicare population, as measured by objective outcomes (risk-adjusted patient safety indicator rates) for 13 patient safety indicators defined as by the Agency for Healthcare Research and Quality (AHRQ).

Orthopedic Spine Surgeon

David Rogers, MD

David Rogers, MD, is an orthopedic spinal surgeon and medical director of the Dignity Health - Glendale Memorial Hospital and Health Center Spine Institute. Dr. Rogers joined the medical staff of Glendale Memorial Hospital in 2001 and was instrumental in establishing the hospital's Spine Institute in 2002.

Dr. Rogers received his medical degree from Harvard Medical School. While serving his orthopedic surgery residency at UCLA Medical Center, he became interested in orthopedic spine surgery — a then new and rapidly growing specialty. Following the completion of his orthopedic surgery training, Dr. Rogers served his orthopedic spine surgery fellowship at UCLA Medical Center and Saint John's Health Center Spine Institute.

Dr. Rogers specializes in the treatment of adult patients. His practice encompasses surgery of the cervical spine, thoracic spine, and lumbar spine including, complex and revision surgeries, as well as minimally invasive procedures and non-surgical treatments.

He was drawn to a career in medicine because it combined his love of science with his desire to help people. "My greatest reward as a doctor is, without a doubt, helping my patients regain function and get their lives back and to help their families, as well," he stressed.

Dr. Rogers is quick to credit his surgical care team at Glendale Memorial Hospital for his aiding in his success as a spinal surgeon and the positive outcomes of his patients. "I couldn't do this myself," he said. "I have a truly amazing team working with me in surgery. We bring our A-game for every single patient."

He also praises the excellent care his patients receive once they leave surgery, calling it truly outstanding — from the 4th floor medical/surgical unit to the physical therapy department, and everyone in between, who interacts with his patients.

Dr. Rogers acknowledges the collaborative efforts of the hospital's spine surgeons and other clinical staff, who participate in a monthly multidisciplinary spine conference. This conference gives them the opportunity to discuss cases, share their knowledge, and exchange ideas so their patients receive the best course of action and highest level of care.

Recently, Dr. Rogers joined the Glendale Memorial Health Foundation board. While he has not yet defined what his role will be as a board member, his goal is to help the hospital become more successful and to enhance patient care.

Whether in or out of the operating room, Dr. Rogers makes it clear that patients are his number one priority — a priority he shares with the hospital. "We have never been complacent," he said. "We are always looking for ways to make it better."

“ I have a truly amazing team working with me in surgery. We bring our A-game for every single patient. ”

-David Rogers, MD

Surgical Technology Update: C-Arm

Thanks to the Glendale Memorial Health Foundation's campaign to upgrade surgical technology, hospital surgeons now have a new Siemens ARCADIS Orbic/Orbic 3D Fluoroscopic C-Arm unit. The device provides continuous X-ray images, much like a movie. The unit's additional enhancements provide orthopedic and spine surgeons with intraoperative 2D and 3D images for cross sectional image review. This allows for more precise deployment of prosthetics and hardware and better views of screw and plate placement. These enhancements help to reduce surgery and anesthesia times, reduce patient and surgical team radiation exposure, and improve the quality of intraoperative images — all leading to improved delivery of quality care to our patients.

THANK YOU!

We gratefully acknowledge the kindness of our donors whose gifts were received between January 1, 2015 and December 31, 2016.

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The Three Cs of Brian Gold, RN

Surgical Services

Crazy hats, cacti, and compassion



Brian Gold, RN, director of Dignity Health – Glendale Memorial Hospital and Health Center’s Surgical Services, grew up surrounded by surgical equipment — the result of his physician-father’s surgical residency — and remembers instruments casually strewn about the kitchen. He recalls being taught to hand his father gardening tools as if they were scalpels.

While his father eventually decided to pursue a different medical specialty, surgery had left an indelible impression on Brian.

Brian, a native Angeleno, began his career as a surgical technologist, which involves handling surgical instruments and equipment during procedures.

Eventually, Brian wanted more. “I wanted to take care of patients, not surgical equipment,” he said.

After obtaining his registered nursing degree in 2000, Brian worked at several local hospitals, managing surgical departments.

Four years ago, he jumped at the opportunity to join Glendale Memorial Hospital’s Surgical Services department. Brian oversees a team of nearly 60 employees who are responsible for providing pre-op, surgical, and post-op care.

After four years at the hospital, Brian remains impressed by the commitment of its employees to provide the highest quality care.

“I am struck by how the people here are dedicated to serving their community and to fulfilling the mission of the hospital,” he observed. “We all take it very seriously.”

When he is at work, there are two things you will never find Brian without — one of his many colorful scrub caps and his humankindness pin. The caps allow him to express his playful personality. The pin is a visual reminder to both him and his employees of the importance humankindness plays in patient care.

For Brian, humankindness is a simple act with a powerful outcome. “Humankindness is treating people the way you expect to be treated,” he declares. “It’s a commitment to provide

quality, meaningful interaction with people on a daily basis. It’s the ability to make a difference in someone’s life.”

When Brian is not tending to his patients, he can be found tending to his vast succulent collection. His love of these plants began around the age of 12, with one single cactus that Brian and his father planted together.

That one cactus turned into a life-long passion for both father and son.

Today, Brian’s backyard is home to more than 3500 succulents of all sizes, shapes, and colors — each one with its own story.

Over the years he has become well-regarded for his extensive knowledge of these plants, which demand much of his time and attention.

All his hard work has paid off, however. Brian, a member of the Sunset Succulent Society, has earned numerous awards for his beautiful plants.

In addition to his green thumb, Brian is also a musician, an accomplished photographer, a doting grandfather, and a veteran world-traveler. He and his wife of 25 years, Teresa, journey across the globe to view eclipses — eight so far.

No matter his pursuit — photographing a solar eclipse in Indonesia, meticulously cultivating his succulent collection, or providing care for patients at Glendale Memorial Hospital — its evident that Brian brings the same level of enthusiasm, thoughtfulness, and commitment to all of his endeavors.



Brian’s vast succulent collection takes up much of the backyard of his Los Angeles home. He also grows roses and other plants and flowers. Succulent are plants that store water in their leaves and/or stems. They are remarkably adapted to the arid climates of deserts and semi-deserts where water is scarce. Cacti are all members of the succulent family, but not all succulents are cacti.

The Integrated Supportive Care Program enables community members with a chronic or serious illness to live a more comfortable and productive life and take control of their health.



Santo Polito, MD, ISC oversight advisory group, consulting physician, Nicholas Jauregui, MD, and program director Katrina Ling.

INTEGRATED SUPPORTIVE CARE

“These patients are seriously and chronically ill and without good management of their symptoms, it isn’t a matter of ‘if’ but ‘when’ they will develop their next health crisis, “By collaborating with a network of care providers, we are able to follow the patient across care settings to avoid gaps in managing their care and avoid unnecessary hospitalization.”

Katrina Ling
Program Manager
Integrated Supportive Care

Glendale Memorial Health Foundation (GMHF) recently secured a \$795,000 multi-year grant from Los Angeles-based UniHealth Foundation to support the new Integrated Supportive Care (ISC) program at Dignity Health – Glendale Memorial Hospital and Health Center. The ISC program is designed to dramatically improve quality of life for the hospital’s chronically ill patients and reduce the incidence of futile care. This is the largest grant GMHF has ever obtained for the hospital.

The ISC program is transforming the way Glendale Memorial Hospital cares for its chronically and seriously ill patients. The ISC program is transforming the way Glendale Memorial Hospital cares for its chronically and seriously ill patients.

The program provides treatment, support, and guidance to patients both during their hospitalization and following their return home or to other healthcare settings. Patients learn to recognize, manage, and act on any changes in their symptoms so their chronic conditions do not escalate into health crisis that could otherwise be prevented.

The ISC program utilizes a multi-disciplinary care team, including culturally sensitive community health workers, social workers, nurses, consulting physicians, and pharmacists, who work together with the patient’s own physicians, to educate, support, and monitor their wellness. This team also provides support for their emotional, spiritual and psycho-social needs — support that extends to family members, as well.

The program partners with select local pharmacies, skilled nursing facilities,

home health and hospice agencies, and long term care facilities who meet the hospital’s quality standards using the star rating system. These organizations must be available to respond to patients 24 hours a day, seven days a week, not by phone, but also through in-home visits.

An important component of the ICS program is the comprehensive education that patients receive better understand their medical condition and treatment options — delivered in everyday language, not technical medical jargon. “The ISC program gives chronically ill patients tools to meet their highest health potential,” according to Dr. Jauregui. “We empower patients and their families to be informed, prepared, and proactive in their healthcare and make the right decisions.”

Through the ISC program, Glendale Memorial anticipates a drastic reduction in the hospital’s length of stay for these targeted patients, improved patient care and satisfaction, and a significant reduction of medically inappropriate use of hospital emergent and urgent care services. Thanks to this generous investment from UniHealth, Glendale Memorial Hospital’s ISC program has the potential to not only transform the hospital’s care of its chronically and seriously ill patients, but also to serve as a model throughout other Dignity Health facilities.

“The UniHealth grant allows Glendale Memorial to be a leader in innovative care, moving from a system of pay for service to a system of pay for value in the healthcare industry,” said Dr. Jauregui. “The ultimate beneficiaries are our patients and their families who receive a higher value of care.”

Step 1

Patients with chronic conditions or serious illness, such as COPD, kidney failure, cancer, dementia, stroke, or congestive heart failure can be referred into the program during their hospitalization or referred through their personal physician.w

Step 2

The patient undergoes an in-depth assessment by to identify the patients needs and coordinate services and resources. These resources include transportation assistance, nutritionists, pharmacists, and a host of other community-based providers.

Step 3

When a patient safely discharged from the program or if they opt out of the program, their community-based providers are still available to them 24 hours a day, seven days a week, even though they are no longer actively visited by the ISC team.

Wine & Roses

The 28th annual Evening of Wine and Roses — Rhythms of the Night raised more than \$300,000 in support of Glendale Memorial Health Foundation's campaign to raise funds for new surgical technology. The event was held at Pasadena's Langham Hotel on Saturday, October 17, 2015. Nearly 450 supporters attended the gala.

The evening's guests of honor were the Porto family of Porto's Bakery and Café, in Glendale. The Porto's were awarded Glendale Memorial's Humankindness Award in recognition of their generous contributions to the community, including Glendale Healthy Kids and the Union Rescue Mission.

Proceeds from the event were instrumental in the purchase of a new C-Arm imaging unit, which will be utilized by Glendale Memorial Hospital spine surgeons and orthopedic surgeons to provide enhanced imaging for safer, more precise surgeries. The evening also featured a cocktail reception and silent auction, a gourmet dinner with fine wines, and Latin dance performances, including the always-popular conga line. The guests, themselves, ended the evening on the dance floor.

This year's gala was co-chaired by Foundation board members Haig Youredjian and Kathleen Dennis-Zarate, M.D., and Lawrence Cimmarusti.

The Porto family received the hospital's annual Humankindness Award because of their embodiment of Dignity Health — Glendale Memorial Hospital and Health Center's core value — stewardship



Clockwise from top left:

Eileen Kwan, Glendale Memorial Hospital Marketing manager, chats with the foundation board president Craig Warden and his wife, Christa.

The evening's entertainment featured a number of spectacular Latin dance numbers, including the tango, salsa, and a conga line.

Members of the Porto family were on stage to accept the Humankindness Award. From left to right: Porto family members Betty Porto, Margarita Navarro, and Raul Porto; Wayne Herron, vice president of Philanthropy, Glendale Memorial Health Foundation; and former Glendale mayor Frank Quintero.

Dr. Kathleen Dennis-Zarate, event co-chair, and her husband Dr. Roberto Zarate, enjoy the evening's festivities.

THE FOUNDATION

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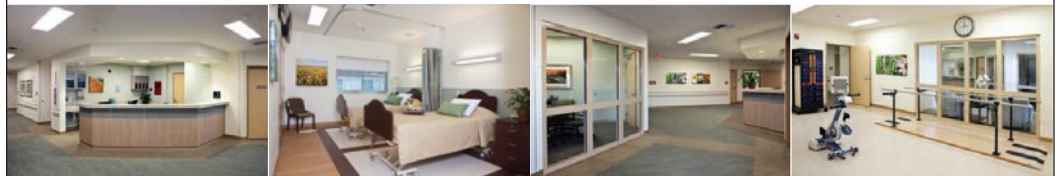
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